

SACRAMENTO HOMELESS SERVICES

Updated 2.17.22



Aim your phone camera at the QR code for an electronic version

HOT MEALS/FOOD

Loaves and Fishes 916-446-0874
1351 North C. St, Sacramento
Lunch Mon - Fri 11:30am -1pm, Sat and Sun 11am -12:30pm

River City Food Bank - Midtown 916-446-2627
1800 28th St, Sacramento - Tue and Thur
2300 Edison Ave. Sacramento - Fri and Sat
10:30am - 1:30pm. Call for an appointment.

St. Ignatius Loyola Parish 916-482-9666 (x 217)
3235 Arden Way, Sacramento
Hot meals served 6pm-7pm on the last Wed of the month.
Takeout Basis.

St. Vincente de Paul 916-781-3303
105 Bonita Ave, Roseville
Tue, Wed, Thur 12pm - 1:30pm
Sat & Sun 2:30pm - 4pm

Williams Memorial COGIC 916-455-9201
4495 Martin Luther King Jr Blvd., Sacramento
Food give-away every other Fri 11am.

Union Gospel Mission 916-447-3268
400 Bannon St, Sacramento
Nightly meals Mon - Fri 8:30 pm, Sun at 12pm.
Chapel one hour before meal. Must attend chapel to have a meal.

CRISIS/SAFE GROUND/RESPITE

Sacramento Crisis Nursery
4533 Pasadena Ave, Sacramento 916-679-3600
6699 South Land Park Drive, Sacramento 916-394-2000
Open 24-hr, parents can bring children (age 0-5) for emergency,
overnight childcare during stressful or difficult times.

W & Sixth Street Safe Ground Walk-in
W & 6th Street (under W/X of Cap City Freeway)
24/7 safe camping and parking for individuals and families.
Port-a-potties, cleaning stations, meal access and case management.

South Front Street Safe Parking Walk-in
Front Street, near Miller Regional Park.
24/7 safe parking for individuals and families.
Port-a-potties, storage, meal access and case management.
Hope Cooperative Respite Center 916-737-7483

Confidential location
Call for eligibility and availability
Open 24/7; adults stay for 23 hours

HART Respite Centers
Carmichael Presbyterian Church
5645 Marconi Ave
Mon, Wed, and Sat 9am - 1pm

(Midtown) St. John's Lutheran Church
1701 L Street
Tue 9:30am - 12:30pm

(Midtown) Trinity Cathedral
2620 Capitol Ave
Fri at 9:30am - 12:30pm

(North Sac) Mount Calvary Baptist Church
3407 Altos Ave
Wed 9am - 12pm

(South Sac) Florin United Methodist Church
7560 Florin Rd
Second Sat 9am - 12pm

DAY SHELTER/HOSPITALITY CENTER

Francis House Center 916-443-2646
1422 C St, Sacramento
Tue and Thur 9 am - 9:45 am
Meals served at 10am. First 20 people get meal tickets.
Services and referral to other resources.

Friendship Park (Loaves & Fishes) 916-443-7378
1351 North C St, Sacramento
Mon - Fri 7 am - 2:30 pm, lunch daily 11:30 am - 1 pm
Animal services, restroom/wash house (men only from 7 - 10 am
and 12 - 1:45 pm), various independently run programs.

LGBT Community Youth Drop-in Center 916-442-0185
Offers LGBTQ+ and allied youth a brave space to be amongst
community peers. Services and support offered. Ages 13-24.
Mon - Fri 12pm - 6 pm, Sat and Sun 10am- 4pm.

Maryhouse 916-446-4961
1321 North C St, Sacramento
Daytime drop-in center for women and families
Offers coffee (7 - 9am), intakes/connection to resources (7-11am),
showers (7 -10:30am), survival supplies (7am - 2pm)

Wellspring Women's Center 916-454-9688
3414 4th Ave, Sacramento
Mon - Fri 8:30am - 11am
Drop-in hospitality center for women and children. Nutritious
breakfast and light lunch, case management, counseling, art
therapy, enrichment classes, and safety net services

Wind Youth Services 916-504-3313
815 S St, Sacramento

Drop-in center for youth, ages 18 - 24
Safe space, services offered every day 8:30 am - 4pm.

WARMING CENTER/WINTER SHELTER

Sacramento Central Library- Warming Center
828 I St, Sacramento (9th Street Entrance)
Every day 8am - 8pm

Union Gospel Mission- Warming Center 916-447-3268
400 Bannon St, Sacramento
Open every day until March 2022 10pm - 5 am
Gate opens every 15 minutes. Men, women, and children.

Elk Grove HART: Overnight Warming Locations (OWL)
OWLs open 24 hours in advance of when the following conditions
are expected: 32-degree weather forecasted for two days in a
row, or rain forecasted for two days in a row at 75% probability.
Sign up for notifications [here](#). Families with children may be
eligible for the motel voucher program (916) 623-5858.
Open until April 30, 2022.

HART of Citrus Heights Winter Shelter
Messiah Lutheran Church, open through March 5th, 2022
7801 Rosswood Dr, Citrus Heights
Intake: 5pm - 6pm

HART of Folsom Winter Shelter
St. Trinity Folsom Episcopal Church, open through March 26th
803 Figueroa St, Folsom
Shelter, breakfast, dinner, and laundry services for 20 guests
Intake: 5pm - 5:45 pm

HOUSING FOR ADULTS

Mather Singles Interim Housing
Mather Community Campus
10626 Schirra Ave, Mather
90-day shelter program for individual adult men & women
Complete a self-referral on Wed 9am-11am at Mather or be
assessed at Francis House (1422 C St, Sacramento)

Meadowview Navigation Center Call 2-1-1
2700 Meadowview Rd, Sacramento
Adult individuals identifying as female.
Animals allowed (if capacity), 3 meals/day, bikes allowed, 2-bag
limit, mental/behavioral health services, housing navigation and
employment services, and rehousing support.

Union Gospel Mission
400 Bannon St, Sacramento
Adult men. Sign-ups daily at 5:30pm 1st come, 1st served basis.
Newcomers are given priority. (Newcomer: someone who has

never stayed overnight or has not stayed overnight for at least one year.) Must have a photo ID and TB card. Must claim bed between 6:30 pm- 6:45 pm daily. Beds can be claimed for up to 7 days and must attend the 7:30 pm chapel service.

HOUSING FOR FAMILIES/ PREGNANT WOMEN

Francis House Family Rescue Program

1422 C St, Sacramento
Provides motel vouchers to four families for a 7-day stay.
Apply in-person Mon 1pm - 3pm.

Next Move Family Shelter 916-874-3100

Confidential location
Parents and their minor child(ren)
Self-register at <https://dhaservices.saccounty.net/efs>

VOA Family Shelter 916-874-3100

Bannon Street
Parents and their minor child(ren)
Self-register at <https://dhaservices.saccounty.net/efs>

HOUSING FOR SURVIVORS

WEAVE Safehouse and Open House 916-920-2952

Confidential location
Survivors of domestic violence, sexual assault, and human trafficking

My Sister's House Safe Haven Shelter 916-428-3271

Confidential location
Survivors of domestic violence, sexual assault, and sex trafficking
Targeted towards Asian and Pacific Islander women

A Community for Peace: Harmony House 916-728-7210

Confidential location in Citrus Heights
Women and children survivors of domestic violence, considered to be in imminent danger
2 to 3 day stay or case by case basis; 24/7 access

HOUSING FOR YOUTH/ PARENTING

Bishop Gallegos Maternity Home Shelter 916-395-9370

Confidential location in South Sacramento
Pregnant women only (no children)

Emergency Bridge Housing (EBH) at the Grove Call 2-1-1

Transitional age youth 18-24
Present physically at TAY access point located at 815 S St and complete an assessment or call 2-1-1. Approx. 30-day stay
Double-occupancy sleeping cabins. Contact info: 916-418-4777

LGBT Community Center Host Home Pilot Program or Short-Term Transitional Emergency Program (STEP)

Transitional age youth 18-24.
Bridge housing, length of stay is flexible, average 4-6 months.
Referrals made at LGBT Community Center's Q-Spot Drop-In Center located at 1015 20th St, Sacramento.

Prevention and Intervention 916- 525-5965

Rental assistance, problem-solving, benefit services, and more.

Waking the Village Shelter 916-601-2979

Confidential location
Pregnant and parenting transitional age youth 18-24, and their children.

Wind Youth Shelters 916-628-1492

Confidential locations
Youth ages 12-17, and transitional age youth 18-24

MEDICAL, MENTAL HEALTH AND RECOVERY

Community Support Team 916-874-6015

Mobile team provides mental health support for all ages
Mon - Fri, 8am - 5 pm.

County Mental Health Services 916-875-1055

Adults. Call to be assessed Mon-Fri 8am - 5 pm
24-hour line- 916-875-1000
Crisis Line- 916-732-3637
Children's Services- 916-875-9980

El Hogar Guest House

600 Bercut Drive, Sacramento
Adults. New clients Tue and Wed 8:30 am, Thu 1 pm

One Community Health 916-443-3299

1500 21st St and 1442 Ethan Way, Suite 100
Health centers open to anyone regardless of age, gender, ethnicity, orientation, or ability to pay.

Wellspace Health

Primary care for adults, children and adolescents (916) 737-5555
Mental health care services (916) 313-8433

BENEFITS

CalFresh 916-874-3100 or 209-744-0499

Temporary food assistance (formerly Food Stamps)
Text 'food' to 74544 to see if you qualify.

CalWORKs 916-874-3100 or 209-744-0499

Mon - Fri 8am - 4pm

Supportive Services for Veteran Families 1-833-255-4899

OTHER RESOURCES

Homeless Services and Rental Assistance Call 2-1-1

California LifeLine Program 1-866-272-0349

Discounted phone services

Covid-19 Testing Walk-In

1600 Exposition Blvd- CalExpo, Lot D East Gate
Daily 8am - 3pm until 3/31/2022

Lao Family Community Development 916-393-7501

Refugee support, family support, CalWORKs

Sacramento Works Job Centers 916-263-3800

Resources to find a job. Call for the nearest location.

Services for Older Adults

Resources for Independent Living 916-446-3074
Agency on Aging- Area 4 (60yo+) 916-486-1876

SmaRT 916-556-0100

Discounted shuttle service that will pick up and drop off passengers within the service boundaries.

EMERGENCY AND SUPPORT HOTLINES

Adult Protective Services 916-847-9377

Covid-19 Testing Hotline 916-875-2400

Senior Legal Hotline 1-800-222-1753

Free legal advice to residents aged 60 and older
Mon - Fri 9am - 12pm, 1pm - 4 pm

Suicide Prevention Hotline 916-368-3111 or 1-800-273-8255

Transgender Suicide Hotline 1-877-565-8860

24/7 Sexual Assault Hotline 1-800-656-4673

24/7 Domestic Violence Hotline 1-800-799-7233