Sacramento City College Occupational Therapy Assistant Program

Course Planning Information

Prerequisite Requirements for Program Application – effective for entrance Spring 2020:

- All applicants must be graduation-ready at the time of application to be considered for enrollment.
- The following courses must be completed or in-progress at the time of application.
- Official transcripts must be on file with SCC Admissions & Records at the time of application.
    - No action needed for courses within the Los Rios Community College District, which includes American River College, Cosumnes River College, Folsom Lake College, and Sacramento City College.
    - Transcripts from all other colleges must be submitted to Admissions & Records.
- Course substitution forms must be on file with SCC Admissions & Records at the time of application.
    - Courses listed on "Transfer My Courses" do not require a substitution form.
- Failure to have transcripts and substitution forms on file will result in the application being considered incomplete. This applies to applicants from prior years as well.
- The only forms that will be required for the online application are:
    - The General Education and Major Requirements Worksheet, signed and dated by a counselor. This form will be available for download on the OTA Program webpage under "Applications."
    - Proof of enrollment for courses in-progress at the time of application.

	REQUIRED COURSES	UNITS	COMMENTS
	AH 106- Communication for Allied Health	2 LEC	Taught at SCC only
	AH 110- Medical Language for Health Care Providers	3 LEC	Must be 3 units of college credit
OR	AH 301- Health Care in a Multicultural Society	3 LEC	Meets Area III(b), Ethnic/MC Grad Req
	ANTH 310- Cultural Anthropology	3 LEC	Meets Area V(b), Ethnic/MC Grad Req
	ANTH 481- Honors Cultural Anthropology	3 LEC	Meets Area V(b), Ethnic/MC Grad Req
	SOC 300- Introductory Sociology	3 LEC	Meets Area V(b), does not meets Ethnic/MC Grad Req
	SOC 480- Introductory Sociology - Honors	3LEC	Meets Area V(b), does not meets Ethnic/MC Grad Req
OR	BIOL 100- Anatomy and Physiology	3 LEC	Meets Area IV; Requires 10-year recency
	BIOL 430 & 431- Anatomy and Physiology	5 each	Meets Area IV; Requires 10-year recency
	LIBR 307- Medical Information Resources	1 LEC	Taught at SCC only
OR	NUTRI 300- Nutrition	3 LEC	Meets Area III(b)
	NUTRI 480- Nutrition Honors	3 LEC	Meets Area III(b)
	FCS 340- Nutrition	3 LEC	Meets Area III(b)
	HEED 300- Health Science	3 LEC	Meets Area III(b)
	OTA 100- Introduction to Occupational Therapy	1 LEC	Taught at SCC only
OR	PSYCH 300- General Principles	3 LEC	Meets Area V(b); Requires 10-year recency
	PSYCH 480- Honors General Principles	3 LEC	Meets Area V(b); Requires 10-year recency
OR	PSYCH 370- Human Development: A Lifespan	3 LEC	Meets Area III(b)
	FCS 324- Human Development: A Lifespan	3 LEC	Meets Area III(b)
	Area I- Humanities		Foreign/sign language recommended
	Area II(b)- Communication and Analytical Thinking		May be covered by math completion – see counselor
	Area III(a)- Physical Education		May be waived with Military Service Credit – see counselor
	Area IV(a)- American Institutions		Political Science recommended
	Area VI-Ethnic/Multicultural Studies		See course options above
	Reading Competency		Must have documentation on file in A&R
	Writing Competency		Must have documentation on file in A&R
	Math Competency		Must have documentation on file in A&R

Course Sequence of OTA Program Cohort:

- Students are expected to complete courses each semester in the following program sequence.
- It is essential that planning for finances, transportation, work release, child care, family needs, and other life obligations have been determined prior to entering program.
- All classes start promptly at 6:00 pm on weeknights and at 9:00 am on Saturdays.
- All clinic sessions are held Monday-Friday, daytime/business hours.
- Students must complete multiple course and clinical preparation requirements to be completed prior to Semester 1, at an estimated cost of about $1,000
- Program Orientation is held on a Saturday just prior to or at the beginning of Semester 1

REQUIRED COURSES – OTA Designator	UNITS	COMMENTS
SEMESTER 1 (Spring)		
123- Fundamentals of Clinical Documentation	1 LEC	4 Sat
131- OT Theory/Process in Psychosocial Dysfunction	5 LEC/LAB	2 Weeknights (WN), 4 Sat
132- Intro to Clinical Practice in Psychosocial Dysf.	1 LAB	3 seminars: 2 WN, 1 Sat; 40 hours clinic
150- OT Process/Practice in Pediatric Conditions	2.5 LEC	1 WN; labs held off-campus
152- Intro to Clinical Practice in Pediatric Conditions	0.5 LAB	3 seminars: 2 WN, 1 Sat; 20 hours clinic
SEMESTER 2 (Summer)		
110- Functional Biomechanics for the OTA	3 LEC	2 WN
111- Functional Biomechanics Lab for the OTA	1 LAB	1 WN, 4 Sat
SEMESTER 3 (Fall)		
140- Theoretical Foundations of Physical Dysfunction	3 LEC	1 WN
141- OT Process in Physical Dysfunction	4 LEC/LAB	2 WN, 5 Sat
142- Intro to Clinical Practice in Physical Dysfunction	1 LAB	3 seminars: 3 WN; 40 hours clinic
Begin independent study for NBCOT Exam		On own schedule; discussed in seminar
SEMESTER 4 (Spring)		
120- Fundamentals of OTA Practice	2.5 LEC	Hybrid: 8 WN, 8 online
124- Intro to Electronic Documentation for the OTA	0.5 LEC	4 Sat
160- Field Work Level II for the OTA	6 LAB	360 hours clinic
162- Practice Skills for 1st Rotation OTA Level II FW	0.5 LAB	4 Seminars: days
Continue independent study for NBCOT Exam		On own schedule; discussed in seminar
SEMESTER 5 (Summer)		
121- Contemporary Models of Practice in OT	1 LEC	4 Sat
Continue independent study for NBCOT Exam		On own schedule; discussed in seminar
SEMESTER 6 (Fall)		
161- Field Work Level II for the OTA	6 LAB	360 hours clinic
163- Practice Skills for 2nd Rotation OTA Level II FW	0.5 LAB	4 Seminars: days
Take NBCOT Exam		Upon successful completion of Level II fieldwork
Secure license to practice		Upon successful completion of NBCOT Exam