

SACRAMENTO CITY COLLEGE

2017-2018 CATALOG ADDENDUM
DECEMBER 2017



FORWARD
THE NEXT HUNDRED YEARS

Sacramento City College

2017-2018 Catalog Addendum, December 2017



The Addendum to the 2017-2018 Sacramento City College Catalog contains changes that offer new educational opportunities for students and other important updates.

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Allied Health AH

Degree:

A.S. – Pre-Allied Health and Nursing

Certificate of Achievement:

Community Health Care Worker
Pre-Allied Health and Nursing

Division of Science and Allied Health

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New Courses

AH 101 Introduction to Community Health Work 1.5 Units

Prerequisite: None.

Advisory: ENGRD 110 and ENGWR 101 with grades of "C" or better

Hours: 27 hours LEC

This course is designed to introduce students to the broad perspective of community health work by applying different concepts with emphasis on health promotion and primary health care. The course will examine different health promotion and disease prevention strategies that are used as primary health and population-based methods. Public health, home health care settings, and clinic/hospital-based services will be addressed. Emphasis is placed on family-wellness and illness in various community settings using examples of various communities and cultural settings throughout California. Aspects of community health are explored based on a demographic and epidemiological approach as well as building an environmental awareness and acquiring problem-solving and critical thinking skills.

AH 103 U.S. Healthcare Systems and Third Party Payers 2 Units

Prerequisite: None.

Advisory: ENGRD 110 and ENGWR 101 with grades of "C" or better

Hours: 36 hours lecture

The United States healthcare system is complex, organized by systems and programs by which health services are made available to the population and financed by government entities, private enterprises, or both. Various systems work on different aspects of providing care throughout the spectrum of health. This course provides an overview of the United States healthcare system as it has developed during the past century. Students are expected to achieve a basic understanding of the building blocks in anticipation of future careers and employment in the healthcare industry of the United States.

AH 105 Community Health Resources 2 Units

Prerequisite: None.

Advisory: CISC 300 or LIBR 307

Hours: 36 hours lecture

This course is designed to introduce students to the broad perspective of community health resources in the Greater Sacramento Service Area. Through various lectures from representatives of area organizations, students will gather community resources to assist clients with addressing their health needs.

AH 121 Social Determinants of Health 2 Units

Prerequisite: None.

Advisory: CISC 300 (Computer Familiarization) or LIBR 307 (Medical Information Resources)

Hours: 36 hours lecture

Social determinants of health are the conditions in which people are born, grow, live, work, and age. These factors can all have an impact on health. This course will help students understand health inequalities and how they are socially driven. Students will look at how health is affected by wider determinants and how they can make a difference as health professionals to close the health inequality gap. Through a range of case studies from high to low income countries, the student will gain a better understanding of social determinants of health, why health inequalities exist, and the role of health professionals and systems in reducing health inequality.

New Program

Community Health Care Worker Certificate of Achievement

Program Information

The Community Health Care Worker Certificate of Achievement consists of multi-disciplinary coursework to prepare individuals to work within the social service, public health, or health care workforce as Community Health Workers. This certificate program is designed to provide training in front-line public health care with an understanding of and connection to the communities served. It also provides training in facilitating patient access to health and social services to improve the quality and cultural competence of service delivery. Students will develop the skills to provide culturally appropriate health education and information, assist people in receiving the care they need, give informal counseling and guidance on health behaviors, and advocate for individuals and community health needs.

Career Opportunities

Common job titles for CHWs include: patient/health navigator, case manager/case worker, health educator, community health educator, community outreach worker, and enrollment specialist. Community health workers (CHW) serve as liaisons/intermediaries between health and social services and the community to promote, maintain and improve individual and community access to health care services; assist individuals and communities to adopt healthy behaviors; and improve the quality and cultural competence of services delivered. Common tasks/responsibilities include: facilitating access to health services (scheduling appointments, completing provider forms, scheduling transportation); conducting outreach to community members; and providing community and health education.

Learning Outcomes

Upon completion of this program, the student will be able to:

- clarify roles, responsibilities, and scope of practice of Community Health Workers.
- investigate complex service delivery systems within the U.S. healthcare system and key legal responsibilities within the context of health service delivery systems.
- compile and define accepted terminology to describe findings, patterns, habits, and behaviors of clients.
- report and record abnormal findings, patterns, habits, and behaviors of clients for purpose of clinical documentation.
- recommend prevention methodologies that decrease the development of common diseases/disorders and reduce high-utilization of unnecessary healthcare services by applying culturally-appropriate and evidenced-based health education practices.
- identify conditions in which people are born, grow, work, live, and age and the wider set of forces and systems shaping the conditions of daily life.
- evaluate and inventory available community resources, including health and social services.
- demonstrate knowledge and proficiency with technology, including web-based applications, MS Office, and electronic health record systems.
- develop communication skills used with patients, community partners, and medical personnel.
- demonstrate the ability to advocate for individual and community health.
- incorporate professional and ethical boundaries, conflict resolution, self-care, time management, and skills for providing and receiving constructive feedback to assist in working within a professional setting.

Required Program

Units

AH 101 Introduction to Community Health Work	1.5
AH 103 U.S. Healthcare Systems and Third Party Payers	2
AH 105 Community Health Resources	2
AH 106 Communication for Allied Health Careers (2)	2
AH 110 Medical Language for Health-Care Providers	3
AH 121 Social Determinants of Health	2
AH 301 Health Care in a Multicultural Society	3
HEED 314 Community First Aid and Safety	2
SOC 375 Introduction to Community Development	3
SOC 382 Introduction to Casework in Social Services	3
SOC 385 Practicum in Sociology	1 - 4

A minimum of 3 units from the following:..... 3

ADMJ 303 Substance Abuse: Effects on Body and Behavior (3)
or PSYC 405 Substance Abuse: Effects on Body
and Behavior (3)

ADMJ 304 Juvenile Delinquency (3)

ADMJ 340 Introduction to Correctional Services (3)

ECE 312 Child Development (3)

ECE 314 The Child, the Family and the Community (3)

ECE 402 Infants with Atypical Development (3)

ECE 415 Children's Health, Safety and Nutrition (3)

ETHNS 300 Introduction to Ethnic Studies (3)

SOC 301 Social Problems (3)

or SOC 481 Social Problems - Honors (3)

SOC 335 Sociology of Aging (3)

or GERON 300 Sociology of Aging (3)

SOC 344 Sociology of Women's Health (3)

Total Units Required

27.5 - 30.5

Certificate of Achievement

The Certificate of Achievement may be earned by completion of the required program with grades of "C" or better.