

Recreation

Overview

Recreation courses provide an overview of recreation, park and leisure services, as well as outdoor recreation, and new and emerging issues.

Dean [Mitchell Campbell \(/about-us/contact-us/faculty-and-staff-directory/mitchell-campbell\)](#)
Department Chair [Connie Zuercher \(/about-us/contact-us/faculty-and-staff-directory/connie-zuercher\)](#)
Phone (916) 558-2425
Email [HerrerM@scc.losrios.edu \(mailto:HerrerM@scc.losrios.edu\)](mailto:HerrerM@scc.losrios.edu)

Recreation (RECR) Courses

RECR 300 Introduction to Recreation and Leisure Services

Units: 3
Hours: 54 hours LEC
Prerequisite: None.
Transferable: CSU
Catalog Date: June 1, 2020

This is an overview of recreation, park, and leisure services. This is a basic course that includes the nature, scope, and significance of leisure and recreation as a social force in today's society. There is a special emphasis placed on the role of the leader in recreational settings, both from the public and private perspectives.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- describe the philosophical foundations of leisure and recreation.
- explain public and private providers in recreation.
- analyze concepts of recreation and leisure.
- recognize and examine the challenges, issues, and program trends in the recreation movement.
- describe the history and background of the recreation and park movement.

RECR 310 Outdoor Recreation

Units: 3
Hours: 54 hours LEC
Prerequisite: None.
Advisory: ENGWR 300
Transferable: CSU
Catalog Date: June 1, 2020

This is an entry level course for recreation and similar majors. This course involves an orientation to resources for quality outdoor recreational experiences, management of people, job opportunities, trends, problems, and issues in public and private outdoor recreation agencies. It provides an introduction of philosophies and operating procedures of outdoor recreation facilities within federal, state, and local government. To further enhance the learning experience, two field trips to outdoor recreational areas will be included.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- describe and identify job opportunities with outdoor recreation agencies and suppliers.
- distinguish the operation of local, state, and federal recreation agencies.
- analyze and describe solutions to problems and issues facing outdoor recreation agencies.
- analyze the purpose and quality of outdoor recreational activities.
- plan and design outdoor recreational activities.
- plan and design age-appropriate and ability-appropriate activities for participants.

RECR 499 Experimental Offering in Recreation

Units: 0.5 - 4
Prerequisite: None.
Catalog Date: June 1, 2020