

Cosmetology

Overview

The Cosmetology department is designed to train students to become cosmetologists and nail technicians, and, at the same time, students may earn an Associate in Science Degree.

The program requires a certain number of hours training in cosmetology and completing a minimum number of operations in order to prepare students in meeting the requirements to sit for the California State Examination for the Cosmetology or Manicuring license.

The SCC Cosmetology Department offers a comprehensive curriculum that serves the student population by providing an outstanding Certificate and AS Degree Cosmetology Program that prepares our graduate for entry-level jobs within the industry, as well as, addressing and meeting the needs of the Sacramento community and its surrounding areas.

Career Options

The nail technology field is one of the fastest growing of the cosmetology industry. This lucrative field employs both men and women, and it provides an opportunity to work for a large or small establishment, as well as being self-employed. This program consists of the following: beginning, intermediate, and advanced training in the art and science of nail technology. Completion of these 500 hours of theoretical and operational requirements will prepare students to meet the requirements to sit for the California State Examination in Manicuring, and will prepare students for employment.

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Associate Degree

A.S. in Cosmetology

The course of study for cosmetology is approved by the California State Board of Barbering and Cosmetology. It is designed to train students to become a professional in the world of cosmetology, receive a certificate and at the same time, may earn an Associate of Science Degree. The program requires 1600 hours (3 semesters) of training in cosmetology and completion of a minimum number of operations in order to prepare students to meet the requirements to sit for the California State Examination for the cosmetology license. The training includes: salon business, effective communication, professional development, customer relations, hair styling, thermal styling, hair cutting, hair coloring, permanent waving, chemical relaxing, various facial procedures, and manicure/pedicure techniques.

Completion of the required prerequisite class COSM 100 with a grade of "C" or better within a two-year period, prior to the beginning semester of the cosmetology and nail technology (manicure) courses. In COSM 100, students will be introduced to the cosmetology and nail technology (manicuring) industry. The course is designed to give students a clear understanding of the subject matter and procedures of cosmetology and the nail technology industry; along with the policies of the Sacramento City College (SCC) Cosmetology Department and the SCC Campus Student Code of Conduct. In addition, students will be introduced to customer relations, professionalism, and team building.

Procedures: On the first day of COSM 100, students will designate a preference for one of the course offerings options listed below. In the event that too many students select one of the options, a lottery will be held to fill the class. Students who are not selected will have the opportunity to register for their second preference. This process will continue until all courses have been filled.

Spring COSM 110/COSM 111 day
Spring COSM 150/COSM 151 day
Fall COSM 110/COSM 111 day
Fall COSM 150/COSM 151 day

Recommended High School Preparation: English, math, art, basic anatomy and physiology, and basic chemistry.
Perspective students must have completed the 10th grade.

Program Costs: Approximately \$2,700.00 is estimated for the beginning cosmetology semester and approximately \$1,500.00 is estimated for the nail technology semester; for the textbook package, kit, and uniforms, shoes, personal supplies and materials. SCC Cosmetology Department recommends the purchase of the hard cover or digital version of the Pivot Point textbook package and computer program "The Lab", the SCC Cosmetology or Nail Technology kit and uniforms by the first day of class. In addition, there will be costs each semester of the cosmetology program for: uniforms, program materials, and supplies, etc. The cosmetology and nail technology kits, textbook package, and some uniform items are available at the SCC College Store. Students who anticipate that these costs may create a financial burden should consult the Financial Aid Office for possible assistance, as soon as possible. Students need to apply for financial aid at least one semester prior to the start of the program.

Transfer students from another cosmetology or nail technology program (public or private) must complete COSM 100 with a grade of "C" or better, then be evaluated for appropriate course placement by the cosmetology faculty, upon producing their California State Board of Barbering and Cosmetology "Proof of Training" document.

Catalog Date: January 1, 2021

Degree Requirements

COURSE CODE	COURSE TITLE	UNITS
Enrollment Eligibility:		
COSM 100	Introduction to Cosmetology	2
First full semester:		
COSM 110	Related Technical Knowledge of the Basic Fundamental Skills	5
COSM 111	Basic Foundation of Practical Skills	10
Second full semester:		

COURSE CODE	COURSE TITLE	UNITS
COSM 120	Intermediate Certificate Course Theory	5
COSM 121	Intermediate Certificate Course - Laboratory	10
Third full semester:		
COSM 130	Advanced-Certificate Course - Theory	5
COSM 131	Advanced-Certificate Course - Laboratory	10
Total Units:		47

The Cosmetology Associate in Science (A.S.) degree may be obtained by completion of the required program, plus general education requirements, plus sufficient electives to meet a 60-unit total. See SCC graduation requirements.

Enrollment Eligibility

To be eligible for enrollment in the program, the student must meet the following criteria:

- Be 16 years of age and have completed the 10th grade
- Have complete the COSM 100 prerequisite course with a grade of a "C" or better

Enrollment Process

Eligible students are selected for the program according to the following steps:

- By completing the COSM 100 prerequisite course with a grade of a "C" or better, within a 2 year period of starting the program.

Student Learning Outcomes

Upon completion of this program, the student will be able to:

- apply technical knowledge and skills related to the cosmetology industry.
- analyze situations in the industry business world, by applying basic knowledge and skills in professionalism and salon management.
- demonstrate hair, skin, and nail techniques and procedures that can be used effectively in the salon workplace.
- demonstrate client consultation skills, health and safety procedures, and industry professionalism.
- demonstrate proper analysis of industry products for use in various phases of the cosmetology and manicuring industry.
- formulate, demonstrate, and complete tasks in preparation for the California State Board of Barbering and Cosmetology written and practical examination.

Career Information

Cosmetologists are employed in every community of the world. Many are self-employed, while others are employed in large or small establishments. A cosmetologist may specialize as a platform artist, hair colorist, hairstylist or hair cutting specialist. Many are salon owners and managers, educators, legally sit for the California State Board of Barbering and Cosmetology as an expert witness and/or travel all over the world in the beauty industry representing hair product manufactures.

Certificates of Achievement

Art and Science of Nail Technology Certificate

This program consists of the following: beginning, intermediate, and advanced training in the art and science of nail technology. Completion of these 500 hours of theoretical and operational requirements will prepare students to meet the requirements to sit for the California State Examination in Manicuring, and will prepare students for employment. The program includes professional image, basic procedures for manicuring including hand and arm massage, basic procedures for pedicure including foot and ankle massage, acrylic nails, nail tips and wraps, gel nails including light and no-light cured, basic electric file techniques, basic airbrushing techniques, nail art and design, customer relations, professionalism, and salon business.

Recommended High School Preparation: art, anatomy, physiology, chemistry, English, and math.

Program Costs: Approximately \$700.00 is required at the beginning of the semester for textbooks, kit, uniforms, and personal supplies. In addition, there will be costs throughout the semester for program materials and supplies. Students must purchase the required kit and textbooks by the end of the first week of class or they may be dropped from the program for that semester. The student kit, textbooks, and some uniform items are available at the SCC College Store. Students who anticipate that these costs may create a financial burden should consult the Financial Aid Office for possible assistance. Students need to apply for financial aid at least one semester prior to the start of the program.

Completion of COSM 100 with a grade of "C" or better is required within a two year period prior to the beginning of the cosmetology and nail technology (manicure) courses. A proof of completion form for COSM 100 will be issued and must be presented on the first day of the next COSM course. In COSM 100, students will be introduced to the field of Cosmetology and Nail Technology (manicuring). The course is designed to give students a clear understanding of the subject matter and procedures of Cosmetology and Nail Technology, along with the policies of the SCC Cosmetology Department. In addition, students will receive training in customer relations, professionalism, and working with other students.

Transfer students from another cosmetology or nail technology programs (public or private) must complete COSM 100. After successful completion of the course, the student's records will be evaluated for appropriate course placement by the cosmetology faculty.

Catalog Date: January 1, 2021

Certificate Requirements

COURSE CODE	COURSE TITLE	UNITS
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COSM 100	Introduction to Cosmetology	2
COSM 150	Art and Science of Nail Technology	11
COSM 151	Art and Science of Nail Technology - Lab	5.5
Total Units:		18.5

Enrollment Eligibility

To be eligible for enrollment in the program, the student must meet the following criteria:

- Have completed COSM 100 with a grade of "C" or better.

Enrollment Process

Eligible students are selected for the program according to the following steps:

- By lottery on the last day of the COSM 100 class.

Student Learning Outcomes

Upon completion of this program, the student will be able to:

- demonstrate the latest manicuring and pedicuring procedures and techniques for the salon workplace.
- adapt skills in nail enhancements to meet industry standards and client need.
- demonstrate technical knowledge and skills relating to implements, equipment, and materials; nail cosmetic preparation; clean-up, and disposal of hazardous waste.
- demonstrate skills learned in the nail technology program pertaining to client interaction, concentrating on client health and safety, client analysis, and evaluation of products used in all phases of nail technology.
- formulate, demonstrate, and complete tasks in nail technology procedures in preparation for the California State Board of Cosmetology written and practical examination.

Career Information

The nail technology field is one of the fastest growing of the cosmetology industry. This lucrative field employs both men and women, and it provides an opportunity to work for a large or small establishment, as well as being self-employed.

Cosmetology Certificate

The course of study for cosmetology is approved by the California State Board of Barbering and Cosmetology. It is designed to train students to become a professional in the world of cosmetology, receive a certificate and at the same time, may earn an Associate of Science Degree. The program requires 1600 hours (3 semesters) of training in cosmetology and completion of a minimum number of operations in order to prepare students to meet the requirements to sit for the California State Examination for the cosmetology license. The training includes: salon business, effective communication, professional development, customer relations, hair styling, thermal styling, hair cutting, hair coloring, permanent waving, chemical relaxing, various facial procedures, and manicure/pedicure techniques.

Completion of the required prerequisite class COSM 100 with a grade of "C" or better within a two-year period, prior to the beginning semester of the cosmetology and nail technology (manicure) courses. In COSM 100, students will be introduced to the cosmetology and nail technology (manicuring) industry. The course is designed to give students a clear understanding of the subject matter and procedures of cosmetology and the nail technology industry; along with the policies of the Sacramento City College (SCC) Cosmetology Department and the SCC Campus Student Code of Conduct. In addition, students will be introduced to customer relations, professionalism, and team building.

Procedures: On the first day of COSM 100, students will designate a preference for one of the course offerings options listed below. In the event that too many students select one of the options, a lottery will be held to fill the class. Students who are not selected will have the opportunity to register for their second preference. This process will continue until all courses have been filled.

Spring COSM 110/COSM 111 day
 Spring COSM 150/COSM 151 day
 Fall COSM 110/COSM 111 day
 Fall COSM 150/COSM 151 day

Recommended High School Preparation: English, math, art, basic anatomy and physiology, and basic chemistry.
 Perspective students must have completed the 10th grade.

Program Costs: Approximately \$2,700.00 is estimated for the beginning cosmetology semester and approximately \$1,500.00 is estimated for the nail technology semester; for the textbook package, kit, and uniforms, shoes, personal supplies and materials. SCC Cosmetology Department recommends the purchase of the hard cover or digital version of the Pivot Point textbook package and computer program "The Lab", the SCC Cosmetology or Nail Technology kit and uniforms by the first day of class. In addition, there will be costs each semester of the cosmetology program for: uniforms, program materials, and supplies, etc. The cosmetology and nail technology kits, textbook package, and some uniform items are available at the SCC College Store. Students who anticipate that these costs may create a financial burden should consult the Financial Aid Office for possible assistance, as soon as possible. Students need to apply for financial aid at least one semester prior to the start of the program.

Transfer students from another cosmetology or nail technology program (public or private) must complete COSM 100 with a grade of "C" or better, then be evaluated for appropriate course placement by the cosmetology faculty, upon producing their California State Board of Barbering and Cosmetology "Proof of Training" document.

Career Opportunities:
 Cosmetologists are employed in every community of the world. Many are self-employed, while others are employed in large or small establishments. A cosmetologist may specialize as a platform artist, hair colorist, hairstylist or hair cutting specialist. Many are salon owners and managers, educators, legally sit for the California State Board of Barbering and Cosmetology as an expert witness and/or travel all over the world in the beauty industry representing hair product manufactures.

Catalog Date: January 1, 2021

Certificate Requirements

COURSE CODE	COURSE TITLE	UNITS
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COSM 100	Introduction to Cosmetology	2
COSM 110	Related Technical Knowledge of the Basic Fundamental Skills	5
COSM 111	Basic Foundation of Practical Skills	10
COSM 120	Intermediate Certificate Course Theory	5
COSM 121	Intermediate Certificate Course - Laboratory	10
COSM 130	Advanced-Certificate Course - Theory	5
COSM 131	Advanced-Certificate Course - Laboratory	10
Total Units:		47

Enrollment Eligibility

To be eligible for enrollment in the program, the student must meet the following criteria:

- Be 16 years of age and have completed the 10th grade.
- Have completed the COSM 100 prerequisite course with a grade of a "C" or better

Enrollment Process

Eligible students are selected for the program according to the following steps:

- Completed the COSM 100 prerequisite course with a grade of a "C" or better.

Student Learning Outcomes

Upon completion of this program, the student will be able to:

- apply technical knowledge and skills relating to the cosmetology industry.
- analyze situations in the industry business world, by applying basic knowledge and skills in professionalism and salon management.
- demonstrate hair, skin, and nail techniques and procedures that can be used effectively in the salon workplace.
- demonstrate client consultation skills, health and safety procedures, and industry professionalism.
- formulate and demonstrate proper analysis of industry products for use in various phases of the cosmetology and manicuring industry.
- formulate, demonstrate, and complete tasks in preparation for the California State Board of Barbering and Cosmetology written and practical examination.

Career Information

Cosmetologists are employed in every community all over the world. Many are self-employed, while others are employed in large or small establishments. A cosmetologist may specialize as a platform stylist, color, hair styling or hair cutting specialist, salon owner or manager, educator, State Board Expert Witness or travel throughout the world working in the cosmetology industry.

Cosmetology (COSM) Courses

COSM 100 Introduction to Cosmetology

Units:	2
Hours:	36 hours LEC
Prerequisite:	None.
Catalog Date:	January 1, 2021

Students will receive training in customer relations and professional behavior and appearance. The course also includes an introduction to the basic skills in Cosmetology course work. A final grade of "C" or better is necessary to move on to COSM 110, 111, 120, 121, 130, 131, 140, 150, 151, 152, and 294.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- assess what the Cosmetology program entails prior to a full-time commitment.
- recognize the personal skills required to succeed.
- correlate the total concept of salon services and expectations when they enter the working environment.
- formulate basic skills for good working habits in the physical aspect of our program.
- possess skills necessary for successful interaction with fellow workers and clientele.

COSM 110 Related Technical Knowledge of the Basic Fundamental Skills

Units:	5
Hours:	90 hours LEC
Prerequisite:	COSM 100 with a grade of "C" or better

Corequisite:	Concurrent enrollment in COSM 111.
Enrollment Limitation:	California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) Is not less than 17 years of age, (b) Has completed the 10th grade in the public schools of this state or its equivalent.
Catalog Date:	January 1, 2021

This course provides instruction in technical and theoretical knowledge that directly relates to the basic skills of all phases of cosmetology. The course material includes bacteriology, decontamination, hairstyling, haircutting, hair structure, massage, nail structure, nail disease and disorders, PH scale, permanent waving, color wheel, hair-coloring, and hair lightening.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- explain basic knowledge of anatomy and physiology, as it pertains to the various cosmetology practical skills.
- explain California State Board of Barbering and Cosmetology Rules and Regulations, Sanitation and Disinfection procedures, and Client Protection, Health and Safety.
- describe the basic sequential technical knowledge relating to various cosmetology fundamental skills, using the text book study guide Rubik self-assessment scale, at no less than level 1 per each chapter lesson.
- complete at least 1/3 of the theory/lecture requirements and hours to take the California State Board Cosmetology Written Exam.

COSM 111 Basic Foundation of Practical Skills

Units:	10
Hours:	540 hours LAB
Prerequisite:	COSM 100 with a grade of "C" or better.
Corequisite:	Concurrent enrollment in COSM 110.
Enrollment Limitation:	California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.
Catalog Date:	January 1, 2021

This course provides instruction for those persons interested in becoming licensed cosmetologists. Individual instruction is given in practical application of the basic skills learned in COSM 110. Emphasis is placed on basic hair coloring, permanent waving, hair styling, hair cutting, manicuring, facials, and make-up. Also covered in the course are: transferring of basic training to intermediate and advanced levels in hairstyling, shaping, thermal curling, and hair straightening.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- identify the proper use, clean-up and care of all implements, instruments and equipment used in the various cosmetology services, i.e. scalp treatments, wet or thermal hairstyling, haircutting, chemical straightening/soft curl restructure, hair coloring, bleaching, facial, manicure, pedicure, and acrylic sculpture nail services.
- setup a sanitary maintenance area (SMA) for all basic practical operational service, i.e. scalp treatment, wet or thermal hairstyling, haircutting, permanent waving, chemical straightening/soft curl restructure, hair coloring, bleaching, facial, manicure, pedicure or acrylic sculpture nail services.
- recall sequential steps in application of practical skills and improve and build on their knowledge of retention and quality of practical/operational skills using the text book study guide Rubik self-assessment scale, at no less than level 1, available per chapter lesson.
- complete at least 1/3 of the practical operational requirements and hours to take the California State Board Cosmetology Practical Exam.

COSM 120 Intermediate Certificate Course Theory

Units:	5
Hours:	90 hours LEC
Prerequisite:	COSM 100 with a grade of "C" or better
Corequisite:	Concurrent enrollment in COSM 121
Enrollment Limitation:	California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.
Catalog Date:	January 1, 2021

This course provides instruction in theoretical knowledge relating to intermediate and advanced levels in all phases of cosmetology: anatomy and physiology, hair styling, cold waving, manicuring, facials, hair coloring, scalp treatment reconditioning, hair cutting, thermal pressing and curling.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- explain knowledge of Anatomy and Physiology as it pertains to cosmetology practical skills and services.
- explain knowledge of California State Board Rules and Regulations as it pertains to Sanitation, Disinfection, and Client Protection, Health and Safety.
- describe the sequential technical knowledge directly relating to various cosmetology skills and services.
- evaluate the quality of their theory work using the text book study guide Rubik self-assessment scale, at no less than level 2, available per chapter lesson.
- complete at least 2/3 of the theory/lecture requirements and hours to take the California State Board Cosmetology Written Exam.

COSM 121 Intermediate Certificate Course - Laboratory

Units:	10
Hours:	540 hours LAB
Prerequisite:	COSM 100, 110, and 111 with grades of "C" or better.
Corequisite:	Concurrent enrollment in COSM 120.

Enrollment Limitation: California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.
Catalog Date: January 1, 2021

This course provides instruction and technical knowledge relating to intermediate and advanced levels in all phases of cosmetology including anatomy and physiology, hair styling, cold waving, manicuring, facials, hair coloring, scalp treatment reconditioning, hair cutting, thermal pressing and curling.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- evaluate the quality of their practical work using the various Rubik self-assessment scale available per chapter lesson.
- improve and build on their practical skills and the quality of their practical work using the practical textbook study guide Rubik self-assessment scale, at no less than level 2, available per chapter lesson.
- explain California State Board Rules and Regulation, Sanitation, Disinfection, and Client Protection, Health and Safety as it pertains to the practical services in the salon workplace.
- complete at least 2/3 of the practical/operational requirements and hours to take the California State Board Cosmetology Written Exam

COSM 130 Advanced-Certificate Course - Theory

Units: 5
Hours: 90 hours LEC
Prerequisite: COSM 100, 110, 111, 120 and 121 with grades of "C" or better
Corequisite: Concurrent enrollment in COSM 131
Enrollment Limitation: California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.
Catalog Date: January 1, 2021

This course encompasses all areas of the theoretical portion of cosmetology relating to the California State Board of Cosmetology examination. It is designed for the senior student who will enter the business world at the end of the semester. Special emphasis is placed on professionalism, salon management, the Cosmetology Act, and the California State Board of Cosmetology Rules and Regulations.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- improve and build on their theoretical knowledge and the quality of the foundation relating to their practical work using the textbook study guide Rubik self-assessment scale, at no less than level 3, available per chapter lesson.
- describe California State Board Rules and Regulations, Sanitation, Disinfection, and Client Protection, Health and Safety as it pertains to the salon workplace and the California State Board Written Exam.
- recall operational technical sequential skills needed to be successful in the salon workplace and to pass the California State Board Written Exam.
- complete all of the theory/lecture requirements and hours to take the California State Board Cosmetology Written Exam.

COSM 131 Advanced-Certificate Course - Laboratory

Units: 10
Hours: 540 hours LAB
Prerequisite: COSM 100, 110, 111, 120, and 121 with grades of "C" or better
Corequisite: Concurrent enrollment in COSM 130
Enrollment Limitation: California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.
Catalog Date: January 1, 2021

This course encompasses all areas of the practical portion of cosmetology relating to the California State Board of Cosmetology examination. It is designed for the senior student who will enter the business world at the end of the semester. Special emphasis is placed on professionalism, salon management, the Cosmetology Act, and the California State Board of Cosmetology Rules and Regulations.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- apply technical knowledge and practical skills relating to the salon workplace.
- analyze situations in the salon workplace by applying basic knowledge and skills in professionalism and salon business and management.
- improve and build on their practical skills and the quality of their practical work using the practical textbook study guide Rubik self-assessment scale, at no less than level 3 (advanced), available per chapter lesson.
- formulate, demonstrate, and complete tasks needed to pass the California State Board Practical Exam.
- complete all of the practical and operational requirements and hours to take the California State Board Cosmetology Practical Exam.

COSM 140 Supplemental Training

Units: 1 - 5
Hours: 54 - 270 hours LAB
Prerequisite: COSM 100 with a grade of "C" or better
Enrollment Limitation: California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.
Catalog Date: January 1, 2021

This course satisfies the hours and requirements not completed by the student in the COSM 130 and/or COSM 131 course, who want to apply for the Sacramento City College Certificate of Achievement and a California State Board of Cosmetology License.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- demonstrate written and practical skills in preparation for the California State Board of Cosmetology examination for license.
- recall and repeat all techniques of the written and practical phases of the California State Board of Cosmetology examination for license.
- explain the practical operational requirements required by the California State Board of Cosmetology for license.

COSM 141 Skills Building for Cosmetology

Units:	3
Hours:	162 hours LAB
Prerequisite:	COSM 100, 110, 111, 120, 121, 130, and 131 with grades of "C" or better
Enrollment Limitation:	California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.
Catalog Date:	January 1, 2021

This course satisfies the hours and requirements not completed by the student in the COSM 130 and COSM 131 course, who want to apply for the Sacramento City College Certificate of Achievement and a California State Board of Cosmetology License.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- build on and increase skills already learned and practiced in the beginning, intermediate and advanced courses of the cosmetology program, such as: anatomy, hair styling, cold waving, manicuring, facials, hair coloring, hair cutting, relaxers, press and curling.
- emphasize techniques in professionalism, problem solving skills, people skills, principles of selling, salon management, Cosmetology Health and Safety Rules and Cosmetology Acts, Rules and Regulations.

COSM 150 Art and Science of Nail Technology

Units:	11
Hours:	200 hours LEC
Prerequisite:	COSM 100 with a grade of "C" or better
Corequisite:	COSM 151
Enrollment Limitation:	California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.
Catalog Date:	January 1, 2021

This one-semester course provides instruction in theoretical knowledge that directly relates to the beginning, intermediate, and advanced theory training in manicuring and pedicuring. After completion of this course students will be eligible to apply for the California State Board of Barbering and Cosmetology Manicure Examination. The course will include: salon business, effective communication, professional development, customer relations, theory in procedures for basic and spa manicuring and pedicuring treatments, acrylic nail application, nail tip and wrap application, gel polish and gel application, electric file application, basic airbrushing application, nail art, 3-D nail art and design techniques.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- demonstrate the theoretical knowledge directly relating to basic, intermediate, and advanced techniques in manicuring and pedicuring procedures for the salon workplace.
- identify skills in nail enhancements that meet industry standards.
- identify technical knowledge relating to implements, equipment, materials, and nail cosmetics preparation; use, clean-up, and disposal.
- identify skills learned in the nail technology program pertaining to client interaction, concentrating on client health and safety and client analysis and evaluation of products used in all phases of nail technology.
- formulate steps required to complete tasks in nail technology procedures needed to pass the California State Board of Cosmetology written and practical examination for the manicuring license.

COSM 151 Art and Science of Nail Technology - Lab

Units:	5.5
Hours:	300 hours LAB
Prerequisite:	COSM 100 with a grade of "C" or better
Corequisite:	COSM 150
Enrollment Limitation:	California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.
Catalog Date:	January 1, 2021

This one-semester course provides hands-on instruction in technical knowledge that directly relates to the beginning, intermediate, and advanced practical training in manicuring and pedicuring. After completion of this course, students will be eligible to apply for the California State Board of Barbering and Cosmetology Manicure Examination. This course will include procedures for basic and spa manicuring and pedicuring treatments, nail tip and fabric wrap application, acrylic nail application, gel polish and gel application, electric file application, basic airbrushing application, nail art, 3-D nail art and design techniques.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- demonstrate manicuring and pedicuring procedures effectively for the salon workplace.
- adapt practical skills in nail enhancements that meet industry standards.
- demonstrate technical knowledge and practical skills related to implements, equipment, materials and nail cosmetics preparation, use, clean-up and disposal.
- demonstrate practical skills pertaining to client interaction, concentrating on client health and safety and client analysis, and evaluation of products used in all phases of nail technology services.
- formulate, demonstrate, and complete tasks in nail technology procedures needed to pass the California State Board of Cosmetology practical examination for the manicuring license.
- formulate and demonstrate tasks in health and safety techniques pertaining to nail technology procedures.

COSM 152 Art and Science of Nail Technology - Supplemental Hours

Units:	1 - 5
Hours:	54 - 270 hours LAB
Prerequisite:	COSM 150 and 151 with grades of "C" or better
Enrollment Limitation:	California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.
Catalog Date:	January 1, 2021

This course satisfies the hours and requirements not completed by the student in the COSM 150 or COSM 151 course, who want to apply for the Sacramento City College Career Certificate or a California State Board of Barbering and Cosmetology Manicure License.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- demonstrate manicuring and pedicuring procedures effectively for the salon workplace.
- adapt skills in nail enhancements that meet industry standards.
- demonstrate technical knowledge and skills relating to implements, equipment, materials, and nail cosmetics preparation, use, clean-up and disposal.
- emulate skills learned in the nail technology program pertaining to client interaction, concentrating on client health and safety, and client analysis and evaluation of products used in all phases of nail technology.
- demonstrate basic work skills needed to interact with employers, co-workers, and clients.
- formulate, demonstrate, and complete tasks in nail technology procedures needed to pass the California State Board of Barbering and Cosmetology written and practical examination for the manicure license.

COSM 294 Topics in Cosmetology

Units:	0.5 - 4
Hours:	27 - 216 hours LAB
Prerequisite:	COSM 100 with a grade of "C" or better
Enrollment Limitation:	California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.
Catalog Date:	January 1, 2021

This course reviews the California State Board of Cosmetology Act, rules and regulations for licensing and establishments, the performance criteria for the written and practical licensing exams, and the latest industry trends, application and procedures.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- develop cosmetology practical techniques and refresh latest information regarding the California State Cosmetology Acts, Rules, and Regulations that are important to success in the salon workplace.
- adapt practical skills required to meet industry standards.
- apply professional ethics techniques in relation to the employer, co-worker, and client.

COSM 295 Independent Studies in Cosmetology

Units:	1 - 3
Hours:	54 - 162 hours LAB
Prerequisite:	None.
Enrollment Limitation:	California State Board of Barbering and Cosmetology Business and Professions Code Section 7321 provides that a student: (a) is not less than 17 years of age, (b) has completed the 10th grade in the public schools of this state or its equivalent.
Catalog Date:	January 1, 2021

This course reviews the latest trends in the cosmetology industry and the latest California State Cosmetology Act rules and regulations pertaining to licensing and establishment requirements.

Student Learning Outcomes

Upon completion of this course, the student will be able to:

- develop cosmetology practical techniques that are effective in the salon workplace.
- adapt practical skills required to meet industry standards.
- apply professional ethics techniques in relation to the employer, co-worker and client.
- recall latest information on the California State Cosmetology Acts, Rules and Regulations.

COSM 299 Experimental Offering in Cosmetology

Units: 0.5 - 4
Prerequisite: None.
Catalog Date: January 1, 2021

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Business and Industry

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This program is part of the Business and Industry meta major.

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